

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Frikkie Coetzer

Has successfully participated & completed the

21km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

**TIME** 02:51:56

**PACE** 08:10/km

**OVERALL** 21 of 59

**GENDER** 19 of 42

40 - 49 8 of 18

20 October 2019, Sun

Date



